

THE HAVEN SAMPLE MENU

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast
Continental Breakfast Bacon/Sausage Toast/Raisin Bread Hot/Cold Cereal Muffin/Danish Yogurt Fruit	French Toast Bacon/Sausage Toast/Raisin Bread Hot/Cold Cereal Muffin/Danish Yogurt Fruit	Breakfast Casserole Bacon/Sausage Toast/Raisin Bread Hot/Cold Cereal Muffin/Danish Yogurt Fruit	Biscuits and Gravy Bacon/Sausage Toast/Raisin Bread Hot/Cold Cereal Muffin/Danish Yogurt Fruit	Eggs Bacon/Sausage Toast/Raisin Bread Hot/Cold Cereal Muffin/Danish Yogurt Fruit	Omlets Bacon/Sausage Toast/Raisin Bread Hot/Cold Cereal Muffin/Danish Yogurt Fruit Muffin/Danish	Eggs Bacon/Sausage Toast/Raisin Bread Hot/Cold Cereal Muffin/Danish Yogurt Fruit
Lunch	Lunch	Lunch	Lunch	Lunch	Lunch	Lunch
Fried Cod Wild Rice Peas Salad (Cooks Choice) Blueberry Pie	BBQ Chicken Fried Potoates Corn Broccoli Salad Spice Cake	Taco Tuesday Tomato, Lettuce Onions, Cheese Refried Beans Spanish Rice Lemon Bars	Chicken & Dumplings Rolls Green Beans Salad Pineapple Dream Cake	BBQ Pork Sandwiches mac and cheese Ranch Beans Pepper Salad Root Beer Floats	Lasagna/Turkey Garlic Bread Broccoli Ceaser Salad Apple Crisp	Little Cheddar Meatloaves Sweet Potatoes Mixed Vegetables Salad Cooks Choice Dessert
Dinner	Dinner	Dinner	Dinner	Dinner	Dinner	Dinner
Egg Salad Sandwiches Chips Sliced Fruit Pineapple Dessert	Sloppy Joes Onion Rings Black Olives Apple Sauce Dessert	Cheeseburger Sliders Bread and butter Pickles Coleslaw JELL-O	Loaded Baked Potato Soup Bacon, Green Onions Chese on the side Sliced fruit Dessert	Chili Cheese Dogs Fritos Cottage Cheese PUDDING	Chicken Cordon Bleu Poatato Patties Sliced Fruit Beets Dessert	Grilled Cheese Tomato Soup Sliced Fruit Bread and butte Pickles Dessert

PLEASE LET THE COOK KNOW IF YOU WANT ALTERNATE MEAL

BEVERAGES AVAILABLE : 2% MILK, REGULAR AND DECAR COFFEE, HOT AND ICED TEA, HOT COCOA, LEMONADE, ARNOLD PALMER, ROOT BEER