



2019 Annual Report

Our Mission

Provide Senior Assisted Living for seniors over 55 years of age who do not require skilled nursing care, but who no longer can, or want, to live alone.

2019 Highlights

- *In 2019, we welcomed Adrienne Idsal, LSW as the New Director of The Haven.*
- *We implemented Resident Champion, a way to document all of the one-on-one interactions and quality time tasks our staff have with residents on a daily basis.*
- *Quarterly e-newsletters began as a way to connect with family members, board members, donors, and friends of The Haven in a personable way.*
- *Northwest Colorado Health and West Routt Rural Health Council Board Members donated funds to give each resident a special present picked out with love from Haven staff.*
- *Partnered with Northwest Colorado Health's Aging Well program and had regular exercise classes offered 2x weekly. A Hayden community member volunteered her time to offer Zumba weekly.*
- *Taught staff how to lead chair yoga/chair exercise classes to be able to offer regular exercise programming and better prevent falls.*



Years of Service

Congratulations to the following employees for their years of service.

20 Years—Jennifer Neumiller

Board of Directors

President: Stephanie Anderson

Vice President: Stephanie Einfeld

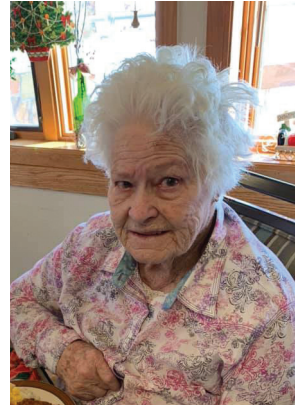
Secretary: Karen Gilroy

Board Members: Ken Rice, Jean Stetson

Resident Story

Here at The Haven we feel blessed to have so many longtime residents who have called us home for years. Residents like Sally help tell the story of The Haven's mission to provide an affordable assisted living option so that Yampa Valley residents do not have to leave the valley they know and love.

We like to call Sally the "Matriarch of Maybell" as she spent her life there before moving to The Haven. As you might imagine Maybell in the early 1930's she rode to school via horseback and lived on a farm with five siblings. She met her late husband of 52 years, Ray, at a school dance and they had six kids together. She often calls herself "a one man woman" when reminiscing about the love of her life. Sally says she is grateful for The Haven because it is comfortable and it is nice to get home cooked meals without having to do any cooking or cleaning! She also says she has been here for so long that the staff feel like family, and the feeling is mutual. She sure gives us a lot of stories to file in our memory bank too! She says her wish for her next 10 years is "to live and be sassy as long as possible!" As a woman of her word, we have no doubt she will do just that and look forward to being here for her every step of the way.



Services

Transition to Assisted Living Comfortably

- *Private or semi private rooms*
- *Three meals and snacks each day*
- *Social activities and exercise programs*
- *Housekeeping and laundry*
- *Medic alert emergency call system*
- *Written care plan for each resident*
- *Highly qualified staff*
- *Beauty shop, medication management and more services options are available.*



Temporary care

The Vivian Card Memorial Respite Room is available for adults who need temporary assisted living care. Respite allows caregivers to travel or take personal time, worry free. Respite can also be a good option for individuals needing interim care between independent living and skilled nursing care.